

Rejection

During your interview, the employer will be evaluating your weaknesses as well as your strengths. These are the most common reasons for rejection of candidates:

- Poor personal presentation.
- Overbearing, too aggressive or a know-it-all attitude.
- Lack of confidence, or extreme nervousness.
- Inability to speak and present clearly – poor poise, diction or grammar.
- Lack of forward thinking about their career development.
- Lack of interest and enthusiasm – if you want the job, act like it!
- Making excuses for unfavourable factors on record - always be honest.
- Lack of politeness or general good manners.
- Overly negative comments concerning past employers.
- Lack of eye contact
- Failure to ask questions about the job.
- Persistent attitude of “What can you do for me?”
- Lack of preparation for the interview – failure to prove you can research the basics or ask intelligent and thoughtful questions.

It's important to remember, however, that sometimes it really isn't you, and that another candidate may have had experience that made them a slightly better fit for the role than you. In any case, if you do get a rejection then keep putting your best foot forward and don't let it hold you back. Your consultant will be able to advise you on other roles you may be suitable for - they are there to help you in the long-term so please do keep in contact with them.