

Format

Frequently interviews are one-on-one and face-to-face, but occasionally the format will differ and you will be interviewed in a group, on the phone or over Skype/Zoom. Here are some interview tips on how to adjust your technique in these situations.

For group interviews: try to speak first, without speaking over others or dominating the discussion. If there is a group activity, make sure you include everyone in the discussion - shows that you are a team player and not a dominant personality.

For telephone interviews: Make sure you smile and stand upright - basically all the positive body language you'd normally use. You may not think it, but this does help you perform better! You can also have some notes with you. But try not to rely on them too much as this can come across as you just reading from them to the interviewer, which doesn't make for an engaging or memorable interview.

For Skype/Zoom interviews: make sure you have a tidy and quiet area to conduct this in, with no potential for interruptions. Remember to dress exactly as you would for a face-to-face interview and feel free to have some notes to hand if you want to.